

# Teacher Resource Guide

## "Bicycle Safety and Pedestrian Overview"

Pages 2 and 3 are Required



Providing a hands-on, fun place where we teach  
children of all ages how to play it safe everywhere, everyday!



Frisco Fire Safety Town  
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Dear Educators,

We are excited to welcome your class to Frisco Fire Safety Town for our third year of safety education. Our mission is **'to provide a hands-on, fun place where we teach children of all ages how to play it safe everywhere, everyday!'**

## IMPORTANT INFORMATION ABOUT YOUR STUDY TRIP

- ❑ We have enhanced our presentations for the upcoming school year. Students will break into small groups to facilitate more activities. Therefore, **pre-visit teaching is necessary** to cover material previously covered in class. Please make sure all teachers for your grade level cover the Pre-Visit Presentation with their classes. This can be accessed under the Programs tab on the Safety Town website. ([www.friscofire.com](http://www.friscofire.com))
- ❑ **Parent chaperones will be essential — serving as small group leaders with each grade level.** We recommend 2-4 parents per class. Because our parent leaders will help facilitate some of these activities, we ask that siblings not accompany the parent for the visit.
- ❑ Outdoor activities will take place. If weather prevents this, students will receive a voucher to return at a later time to conclude that portion of their visit.
- ❑ We recommend PE attire for the Frisco Fire Safety Town study trip; (i.e.: pants or shorts, tennis shoes, etc.) Please communicate this to the parents.
- ❑ Because Frisco Fire Safety Town has created a unique concept in safety education, there may be other visitors observing or touring the site while your class is present. Anyone not associated with your school will be accompanied by Frisco Fire personnel at all times and shall not have interaction with students.
- ❑ Candid photos of your students participating in class exercises may occur. These are intended to illustrate the type of safety education and hands-on activities Frisco Fire Safety Town provides. The photographs may appear on the Frisco Fire Safety Town website, City of Frisco cable channel or utilized in printed Safety Town materials. Upon your arrival, please let us know which students, if any, should not be photographed during their visit.

*If you have any questions, please speak to your Campus Liaison (see attached list) or contact Frisco Fire Safety Town at 972-292-6350.*



# FRISCO FIRE SAFETY TOWN

## THIRD GRADE PRESENTATION OVERVIEW

### *"Bicycle Safety and Pedestrian Overview"*

#### **REQUIRED: PRE-VISIT ACTIVITY**—*in your classroom*

Show the students the Pre-Visit Presentation which covers Safety Town rules as well as Bike Riding Guidelines.

*Class Start Times: 9:30 a.m. and 12:00 p.m. (Please do not arrive more than 5 minutes early.)*

#### **WELCOME & INTRODUCTION** Tyler Classroom *(All Students)*

All students gather for an introduction and instructions on activities *(5 min.)*

#### **BICYCLE SAFETY PRESENTATION** Tyler Classroom *(All Students)*

All students will see Bicycle Safety Presentation and play Simon Says game. *(30 min.)*

#### **OUTDOOR ACTIVITIES** Students break into *two groups*.

>(Group A) Scavenger Hunt & Pedestrian Skills in the Town *(20 min.)*

>(Group B) Bike Riding & Practice Hand Signals in the Town *(20 min.)*

—Groups will rotate through each activity—

*\* Bad Weather Option—Fire Station Tour*

#### **SMALL GROUP ACTIVITIES** Students stay in *two groups*

>(Group A) Tool Wall Matching Activity *(20 min.)*

>(Group B) Catwalk/Station Tour *(20 min.)*

—Groups will rotate through each activity—

#### **LINE UP FOR BUS**—*At bus entry/exit door.*

*\* Please note that we may be accommodating a separate study trip/different grade level at the same time as yours. We strive to schedule activities around each other so different groups do not end up at the same locations at the same time. However, we cannot guarantee this will not occur. We appreciate your patience and cooperation if this should happen.*



# FRISCO FIRE SAFETY TOWN

## PRE-TESTING INFORMATION

### *"Bicycle Safety & Pedestrian Overview"*

Prior to the children visiting Frisco Fire Safety Town, it would be helpful if teachers could speak with their class regarding correct bicycle procedures and pedestrian safety rules. This can be done in a group setting without individual responses. By asking students the below questions, it should become apparent by their answers if they have a basic understanding of how and why bicycle and pedestrian safety is necessary.

- Do you have a bicycle? Roller blades? Roller skates? Skateboard?
- Do you have a helmet you use when you ride these things?
- Do you use your helmet EVERY time you ride these things?
- Do you have kneepads or elbow pads you use as well?
- Is it important for riders of wheeled toys to protect themselves when they ride?
- What is the most common body part injured in bicycle crashes?
- If riding your bike on the sidewalk, who has the right-of-way?
- What does right-of-way mean?
- What is the proper procedure for crossing the street in a crosswalk while on your bike?
- While on your bike, what is the proper signal you give to others on the roadways to indicate that you want to turn left?

Once the children have given their responses, explain that soon they will visit Frisco Fire Safety Town and the questions asked of them are examples of the types of things they will learn about during their study trip.



# FRISCO FIRE SAFETY TOWN

## CURRICULUM

### *"Bicycle Safety and Pedestrian Overview"*

#### CORE OBJECTIVES

To show students how they can prevent, prepare, recognize and respond as pedestrians when using wheeled modes of transportation such as bicycles, skates and skateboards.

- Prevent:** The student shall be able to explain what types of personal protective equipment they can use when riding, to reduce injuries.
- Prevent:** The student shall be able to explain where safe riding environments exist and what responsibilities riders have when encountering pedestrians or vehicles on the roadways.
- Prepare:** The student shall be able to explain what precautions they should take prior to riding any wheeled transportation to ensure their safety.
- Prepare:** The student shall be able to demonstrate how they check to make sure their bicycle, skates or skateboards are safe to ride prior to using them.
- Recognize:** The student will be able to demonstrate how to properly fall when using skates or riding a skateboard, in order to reduce their injuries.
- Respond:** The student will be able to explain where they can seek shelter or other actions they should take if they find themselves involved in an emergency situation.

#### KEY WORDS

- |                                  |                                       |                                    |                                       |
|----------------------------------|---------------------------------------|------------------------------------|---------------------------------------|
| <input type="checkbox"/> Bicycle | <input type="checkbox"/> Intersection | <input type="checkbox"/> Prevent   | <input type="checkbox"/> Right-of-Way |
| <input type="checkbox"/> Elbow   | <input type="checkbox"/> Night        | <input type="checkbox"/> Recognize | <input type="checkbox"/> Skateboard   |
| <input type="checkbox"/> Helmet  | <input type="checkbox"/> Pedestrian   | <input type="checkbox"/> Respond   | <input type="checkbox"/> Stop         |
| <input type="checkbox"/> Injury  | <input type="checkbox"/> Prepare      | <input type="checkbox"/> Riding    | <input type="checkbox"/> Traffic      |

#### CLASSROOM INSTRUCTION & HANDS-ON INTERACTION

- Classroom education includes lecture, Power Point presentation and video to illustrate how to check for a proper helmet fit.
- Students will be given statistics regarding child injury and death in relation to bicycle and wheeled device accidents.
- Students will have the opportunity to ride bicycles throughout the Safety Town streets, while obeying traffic laws and safety rules, to demonstrate the lessons they have learned.



# FRISCO FIRE SAFETY TOWN

## THIRD GRADE TEKS CORRELATIONS

### *"Bicycle Safety and Pedestrian Overview"*

#### 110.5 English Language Arts and Reading

- (1) Listening / speaking / purposes
  - (B) Respond appropriately and courteously to directions and questions.
  - (C) Participate in rhymes, songs, conversations, and discussions.
  - (D) Listen critically to interpret and evaluate.
- (2) Listening / Speaking / Culture
  - (A) Connect experiences and ideas with those of others through speaking and listening.
- (3) Listening / Speaking / Audiences / Oral Grammar
  - (C) Ask and answer relevant questions and make contributions in small or large group discussions.
- (4) Listening / Speaking / Communication
  - (C) Re-tell a spoken message by summarizing or clarifying.

#### 115.5 Health Education

- (2) Health Behaviors
  - (A) Explain the need for obeying safety rules at home, school, work, and play such as bike safety and avoidance of weapons.
  - (E) Describe the importance of taking personal responsibility for reducing hazards, avoiding accidents, and preventing accidental injuries.
- (5) Health Information
  - (A) Demonstrate the ability to locate resources from parents and family members, school, and the community.
- (11) Personal / Interpersonal Skills
  - (A) practice critical thinking skills when making health decisions.
  - (B) Gather data to help make informed health choices.
  - (C) Explain the positive and negative consequences of making a health related choice.

## 116.5 Physical Education

### (1) Movement

(G) Transfer on and off equipment with good body control such as boxes, benches, stacked mats, horizontal bar and balance beam.

### (5) Physical activity and health

(A) Use equipment safely and properly.

(B) Select and use proper attire that promotes participation and prevents injury.

(C) Identify and apply safety precautions when walking, jogging, and skating in the community such as use sidewalks, walk on the left side of the street when facing traffic, wear lights/reflective clothing, and be considerate to other pedestrians.

## FISD ELEMENTARY CAMPUS

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